



Post 16 Options

Information on Post-16 options:

<https://nationalcareers.service.gov.uk/careers-advice/options-with-education-health-and-care-plan>

www.skillsforcareers.education.gov.uk/your-training-options

Further Education, Progression into Independence, Work and Life Courses

Lots of young people continue in education as a Post-16 option, on supported courses. Many colleges offer courses with lots of support in the classrooms but also during breaks and lunchtimes:

[National Star](#) (Cheltenham)

[Lifeworks](#) (Totnes)

[Oakwood College](#) (Dawlish, Torpoint and Yate)

[City of Bristol College](#) (Bristol)

[Digitech Studio School](#) (Bristol)

[Yeovil College](#) (Somerset)

[Bridgwater & Taunton College](#) (Somerset)

[Strode College](#) (Somerset)

[Bath College](#) (Somerset)

[Richard Huish](#) – Sixth Form College in Somerset with boarding available

[Weston College](#) (Somerset)

[South Gloucestershire and Stroud College](#) (has five main campuses spread out across Gloucestershire, Bristol and South Gloucestershire)

[Weston College](#) (Somerset)

[Aurora Foxes](#) (Somerset)

[Gloucestershire College](#) (Gloucestershire)

[Bicton College, Cornwall College, Duchy College & Falmouth Marine School](#)

[Wiltshire College and University Centre](#) (Wiltshire)

[The Deaf Academy](#) (Devon)

[Petroc College](#) (Devon)

[Kingston Maurward](#) (Dorset)

Further schools/colleges/sixth forms can be explored via:

www.glofamiliesdirectory.org.uk/kb5/gloucs/glofamilies/family.page?familychannel=1_3

www.somerset.gov.uk/children-families-and-education/school-life/somersetworks/your-pathway-at-age-16-to-18



FutureSmartCareers

Apprenticeships

Apprenticeships are real jobs where you learn, gain experience and get paid. An apprenticeship should give you the skills, knowledge and experience for a chosen career. Apprenticeship vacancies specify entry requirements and any qualities the employer is looking for. You can search for live vacancies and also set up alerts for upcoming apprenticeships opportunities via:

[Find an Apprenticeship.gov.uk](https://findanapprenticeship.gov.uk)

[Get My First Job](#)

[Amazing Apprenticeships](#)

Please also check for local vacancies on college websites, such as [City of Bristol College](#), [Gloucestershire College](#), [SGS College](#) and [Weston College](#).

The following resource shares some useful information on apprenticeships for people with a learning disability:

www.mencap.org.uk/sites/default/files/2020-02/20120.009%20LDWW2019_Factsheet%207.pdf

Supported Internships

Another option is a supported internship, where you would spend most of your time in the workplace usually for at least 6 months, and you have support from a qualified job coach. You also have a personalised study programme, including the chance to study a relevant qualification, if suitable, and English and Maths to an appropriate level. You need to have an Educational, Health and Care Plan and you may also be eligible for Access to Work Funding: www.gov.uk/access-to-work

Further information on supported internships can be found via:

<https://skillslaunchpad.org.uk/employers/supported-internships/>

Other opportunities can be explored through:

[Project Search at City of Bristol College](#)

[City of Bristol College](#)

[Weston College](#)

[South Gloucestershire and Stroud College](#)

[Bridgwater and Taunton College](#)

[Bath College](#)

[Mencap Supported Internships](#)

[BOSS Supported Internships](#)

[Health Education England](#)

[Shaw Trust Supported Internships](#)



Traineeships

From 1 August 2023, traineeships are no longer delivered through the national traineeships programme. Traineeships can continue to be offered by providers locally (such as colleges) but they may be termed 'supported internships' or 'work-based study programmes'

Another option that might interest you is a traineeship. These are created to meet your needs and prepare you for what employers are looking for. You also get support to improve your English, Maths and digital skills.

To start a traineeship, you'll need to have an Education, Health and Care plan. You should receive support with expenses for travel and meals. You should still continue to receive any benefits you currently receive. Traineeships are designed to prepare you to do an apprenticeship.

<https://skillslaunchpad.org.uk/employers/traineeships/>

<https://www.gov.uk/find-traineeship>

Other useful resources and information

The SENDIASS Gloucestershire and SENDIAS Somerset provide information, advice and support on matters relating to children and young people with special educational needs and disabilities ([SEND](#)). The service is offered to parents and carers of children and young people aged between 0 and 25 years old:

Gloucestershire: <https://sendiassglos.org.uk>

Somerset: <https://councilfordisabledchildren.org.uk/what-we-do-0/networks/iassn/find-your-local-ias-service/south-west/somerset>

16-19 Bursary Fund:

www.gov.uk/1619-bursary-fund

Access to work Scheme:

www.gov.uk/access-to-work

Health Care Travel support scheme through the NHS:

www.nhs.uk/nhs-services/help-with-health-costs/healthcare-travel-costs-scheme-htcs

National Autistic Society:

www.autism.org.uk

Supported employment and job coaching for people with disabilities:

www.maximusuk.co.uk/all-insights

Support with education, skills and work through Mencap:

www.mencap.org.uk/advice-and-support/employment



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Support for young people and their families with Gloucestershire Health and Care:
www.ghc.nhs.uk/our-teams-and-services/cyp-glos/young-minds-matter

More individual **job-coaching** support is available through [West of England Combined Authority](#) and [Gloucestershire Skills Hub](#)